



HOLY CROSS CATHOLIC PARISH

14400 Argyll Road
Georgetown, Ontario L7G 5S6
905-873-1887
www.holycrossrc.com

*Established as a Parish in the
Diocese of Hamilton in 1956*

OFFICE HOURS

Monday 12:00 Noon - 4:00 p.m.
Tuesday - Thursday 9:00 a.m. - 4:00 p.m.
Friday 9:00 a.m. - 12:00 Noon

PARISH STAFF

Father David Walter, Pastor
email dwalter@hamiltondiocese.com
Twitter: @HCParish
Facebook: @HCParishGeorgetown
Father William Meehan, Associate Pastor
Rev. Mr. Phong Hoang, Permanent Deacon
Mrs. Eileen Anderson, Secretary

PARISH MEMBERSHIP

Welcome! New parishioners are encouraged to register with the parish by completing a *parish registration form*, available in the Narthex or the Parish Office. You may wish to consider offering financial support to the parish by using *Sunday Offering Envelopes* or *pre-authorized withdrawals*. For more information contact the Parish Office.

SACRAMENTAL INFORMATION

Baptism - Infants and young children of parishioners are baptized on Sunday afternoons, except during the Season of Lent. Adults requesting baptism, or the other sacraments of initiation should inquire about the RCIA (Rite of Christian Initiation of Adults). Contact the Parish Office for more information.

Marriage - Weddings for parishioners are generally celebrated on Saturday afternoons. Kindly contact the Pastor a minimum of one year before the desired date of marriage. Preparation is provided in the Parish.

Sacrament of the Sick - Visits to the sick, either at home or in hospital, can be made by contacting the Parish Office. Arrangements can be made for the *Sacrament of the Sick* and for *Holy Communion*. If you are admitted to the Georgetown Hospital please be sure to identify yourself as a "Catholic" at the time of admission.

Priesthood & Religious Life - Visit the Diocesan Vocations website www.HamiltonVocations.com

Catholic Women's League

Joan Ryder, President
647-624-7313
joanryder@outlook.com

Knights of Columbus

Joe Crane, Grand Knight
647-232-6630
jwcrane@hotmail.ca

Prayer Network

Katie 416-433-4324

Christ the King Secondary

905-702-8838

Holy Cross School

905-877-4451

Saint Francis School

905-877-6928

Saint Brigid School

905-877-1779

Saint Catherine School

905-702-8001

SUNDAY MASSES
(Saturday) 5:00 p.m.
Sunday 9:00 a.m., 10:30 a.m.
& 12:00 noon**
(**12:00 noon September to June)

RECONCILIATION (CONFESSON)

Tuesdays 6:00 p.m. - 6:30 p.m.
Saturdays 4:00 p.m. - 4:30 p.m.

WEEKDAY MASSES

Monday 9:00 a.m.
Tuesday 7:00 p.m.
Wednesday - Saturday 9:00 a.m.
(Bulletin has weekly schedule of Masses)

THIRD SUNDAY IN ORDINARY TIME

Date	Time	Holy Mass	Parish Meetings
SUNDAY, January 25 Ordinary 3	9:00 a.m. 10:30 a.m. 12:00 p.m.	Sunday Eucharist - (I) Holy Cross Parish (ON LINE at 6:00 a.m.)	
MONDAY, January 26	9:00 a.m.	Daily Mass (I) Gary Brown	
TUESDAY, January 27	6:00 - 6:30 p.m.	Sacrament of Reconciliation (Confession)	
	7:00 p.m.	Daily Mass † Gosia Pok	
WEDNESDAY, January 28	9:00 a.m.	Daily Mass † Joan Fuller	
Thursday, January 29	9:00 a.m.	Daily Mass † Deceased Members of the Posavec Family	
FRIDAY, January 30	9:00 a.m.	Daily Mass † Mark Clough † Gloria de Silvia † Steve Major † Sebastian & Valerie Aguiar † Marilyn Major (I) Personal Intentions	
SATURDAY, January 31	9:00 a.m.	Daily Mass † Genoveva B. deBarsallo, Hilda B. dePage & Carlos Luis Page	
	4:00 - 4:30 p.m.	Sacrament of Reconciliation (Confession)	
	5:00 p.m.	Vigil Mass - the Fourth in Ordinary Time <i>Offered for the Intentions of the Deceased Faithful:</i> Cora Stubbert; Narciso Jose; Stanley Faria & John Faria; Dorothy Murphy; Hudson Sintra; Jesse Ogden. Intentions of Donna Mailloux.	This week's Sanctuary Lamp is for the intentions of Jessica Larocque.

From the Pastor's Desk

When Jesus begins his public ministry, it starts not in comfort or applause, but in response to darkness and loss. John the Baptist has been arrested, and Jesus withdraws to Galilee—a place often overlooked and dismissed. Yet it is precisely there that the light begins to shine. Matthew tells us that Jesus fulfills Isaiah's prophecy: *"The people who sit in darkness have seen a great light."* God chooses ordinary places and ordinary people to reveal his saving work. God isn't working only in remote areas or in a distant time in the past, but rather in the ordinary, and in our every day lives. This Gospel reminds us that discipleship begins where we are. Jesus meets us in the midst of our routines, our struggles, and even our darkness, and invites us to follow him. Like the first disciples, we are called to leave behind whatever keeps us from trusting fully, and to walk in the light of Christ, who still proclaims the kingdom and brings healing to those in need.

Quote of the Week

"Be sure that you first preach by the way you live. If you do not, people will notice that you say one thing but live otherwise." — St. Charles Borromeo

Sunday Smile

Have you heard the rumour about butter? Never mind, I shouldn't be spreading it.

HCYA Euchre Tournament

Holy Cross Young Adults (HCYA) will be hosting a Euchre Tournament on Saturday January 31, from 1:00-3:30 pm in Cote Hall at Holy Cross Parish. This event will be to raise money for Holy Cross HELPS. Tickets are \$20 per person, which will be sold at Sunday Masses leading up to this event and at the door day of. Individuals and/or teams can sign up. Any individuals will be paired with a partner at the door. Progression in the tournament will be tracked by the number of points won at the end of each game. All are invited, there will be a prize for the winners. Finger foods will be provided. Best of luck to all!

Sunday Offering Envelopes for 2026

Boxed sets of 2026 envelopes are available for pick up in the Narthex. If you are not currently an envelope user and would like to start please contact the parish office. Also, *pre-authorized giving* forms for 2026 are available in the Narthex - please return them promptly. If you would like to learn more about this way of supporting the parish contact the office.

Have You Moved Recently?

If you have moved or changed telephone numbers in the past few months, kindly let us know at the parish office so we can update our records.

Blood Pressure Clinic

Our Parish Nurse Candidate (Katie Kiss, RN) and other nurses from the parish will be holding a Blood Pressure Clinic after all Sunday Masses on January 25. If you are an RN or RPN and would be willing to help, please contact Katie at 416-433-4324.

Coffee Sunday

Saturday & Sunday, January 24/25 is Coffee Sunday. Please join us in the parish hall after all Masses for refreshments and fellowship. Hosted by Holy Cross Young Adults Group.

Diocesan Wedding Anniversary Mass

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2026? You are cordially invited to join Bishop Dabrowski and couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on **Sunday, May 31, 2026** at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance.) Registration can be found under Upcoming Events on the home page at www.hamiltondiocese.com, or call the Family Ministry Office at 905-528-7988 ext. 2249.

Youth Pilgrimage Bake Sale

Support our Conquest and Challenge youth as they prepare for a pilgrimage to Rome in July 2026! A bake sale will be held after all masses Feb 14 and 15, with baked goods available for purchase in the narthex. Donations of home-baked goods are greatly appreciated and may be dropped off in the parish hall before the 5:00pm Mass and before the 9:00am Mass. The youth making this pilgrimage are extremely grateful for your continued support and prayers. Thank you for helping them on this faith-filled journey!

NEW! Saturday Good Shepherd Atrium

The Catechesis of the Good Shepherd (also known as "the Atrium") is a parish-based ministry at Holy Cross Parish. It is open to all children between the ages of 3 – 13, offering them a unique opportunity for faith development. This program, founded in Rome, is a soundly traditional method of allowing children to enter more fully into the mystery of God using the principles of Montessori education. The sessions provide presentations, materials and a sacred space where the children can grow in their personal relationship with God, as it is first proclaimed to them through Jesus, the Good Shepherd. ***The next session is Sat, Feb 7 from 9:00-10:30am. For further information please contact the parish office.***

HEALTH & WELLNESS COMMITTEE

Sleep Disorders Awareness

Sleep disorders involve difficulties with the quality, timing, or amount of sleep, leading to daytime distress and difficulty functioning. They often occur alongside medical conditions or mental health conditions, such as depression, anxiety, or cognitive disorders. Research indicates that up to one-third of Canadians don't get enough sleep. Common sleeping disorders include insomnia, sleep apnea, and narcolepsy. **Key Statistics:** adults aged **35-64** are most likely to experience insufficient sleep; **21% of car accidents** are linked to lack of sleep; regularly sleeping under **6 hours** increases the risk of coronary heart disease by 48%; **30% of Canadians** experience insomnia, and 2.2% have obstructive sleep apnea; lack of sleep is tied to chronic stress, with **36.3%** of short sleepers reporting **chronic depression**. **Healthy Sleep Habits:** avoid caffeine, alcohol, and nicotine before bed; keep a consistent sleep schedule; reduce noise and distractions; limit naps to 30 minutes; exercise regularly; and practice relaxation techniques like meditation or yoga. For more information, visit CDC Sleep Health at www.cdc.gov/sleep/about or www.madeinca.ca/sleep-canada-statistics

Healthcare Services through one number 1-844-806-3093

The Connected Care Halton Ontario Health Team Navigation Line connects community members directly to the right health, social, and community supports, all through one number. It offers a simplified, human-centered way to navigate services that can otherwise feel overwhelming. People can call for support with palliative care, mental health and addictions, senior services, caregiver support, disability services, cold/flu/COVID questions, and more. Callers are guided to the most appropriate next step, whether that's a warm transfer to the right support line, a health or social service program, or a community resource. This Navigation Line was created to reduce barriers, enhance patient experience, and ensure timely access to the right care when it matters most.

Health Questions or Clinical Advice – call 811

Health811 is a free, confidential, 24/7 provincial service offering quick access to health advice from registered nurses, evidence-based health information, and referrals to community services.

Residents can use Health811 to:

1. Speak with a nurse any time of day for non-emergency guidance
2. Get help determining whether to visit a doctor, urgent care, or emergency department
3. Access multilingual support
4. Learn about symptoms, medications, chronic conditions, mental health concerns, and more
5. Find local health and community resources

Health811 is particularly useful outside regular clinic hours and helps reduce unnecessary emergency department visits. You can call 811 or visit www.health811.ontario.ca

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